Running Record - 'People Should Grow Their Own Food'

LiteracyPlanet Level : LP7 (Word count: 322)

Student Name	
Date	

Errors:		Accuracy Rate:	
Self-corrections:		Self-correction Ratio:	

Sentence	E	SC	E M S V	SC M S V
Most people buy their food from shops. They buy fruit, vegetables, meat, bread, milk and many other things. Some people like to grow some of their own food at home. They grow fruit, vegetables and even herbs.				
It is a good idea for people to grow their own food. They can grow carrots, tomatoes, strawberries, mint, basil and many other different things! Here are some reasons why people should grow their own food.				
Firstly, people grow their own food because it can be healthier than buying it from the shops.				

When you grow your own fruit and vegetables, you can make sure that no harmful chemicals have been used.				
You can use healthy ways to make sure the plants grow, and creatures don't eat them. Using homemade compost can help to make the soil healthy. People can use nets to cover the plants so birds and insects can't eat them.				
Also, fruit and vegetables taste best when they are fresh. If you grow your own fruit and vegetables, you can pick and eat them straight away. This means they will be very fresh and taste great. Sometimes fruit and vegetables for sale in the shops were picked a few days or even weeks before you get to eat them.				
It is fun to grow your own fruit, herbs and vegetables. You get to work outside in your garden and dig in the dirt. You can use the hose to water your plants.				
When your plants grow and you pick				

the fruit and vegetables, you will feel proud of your hard work. It is also fun to cook a meal with the food you have grown.				
There are many reasons why people like to grow their own fruit, vegetables and herbs. They can be healthier and taste better than those bought from the shops. It is fun to grow your own food, too.				
Would you like to grow some food at your house?				
Total:				

Recorded Observations: